

Community Emergency Preparedness Seminars

HEROS PROGRAM

The City of Coquitlam offers the following emergency preparedness seminars to help residents and businesses become better prepared for a major emergency:



Personal, Family & Community Emergency Preparedness

This session uses an earthquake scenario to help you become better prepared at home. The session topics include, typical earthquake damage/hazards, how to protect yourself inside and outside of your home or place of business, family communication and reunification, assembling emergency supplies and community preparedness.

Disaster Preparedness & Basic First Aid for Pets

Learn how to prepare your pets in times of emergencies or disasters. The session includes a demonstration & quick lesson on basic pet first aid presented by a Registered Animal Health Technician of the Canadian Veterinary Assistance Team. \$10 fee covers the cost of a pet first aid starter kit.

HEROS Fall Training 2015

Date	Course	Location	Cost	Registration #
October 19 6:45 p.m. – 8:45 p.m.	Disaster Pet Care & Basic First Aid (includes a starter first aid kit for pets)	Poirier Library Nancy Bennett Room 575 Poirier Street, Coquitlam	\$10.00	531713
October 20 7:00 p.m. – 8:45 p.m.	Personal, Family & Community Emergency Preparedness	Glen Pine Pavilion 1200 Glen Pine Court, Coquitlam	FREE	531715
October 23 10:00 a.m. - noon	Personal, Family & Community Emergency Preparedness	Glen Pine Pavilion 1200 Glen Pine Court, Coquitlam	FREE	531714
November 06 10:00 a.m. - noon	Personal, Family & Community Emergency Preparedness	Dogwood Pavilion Crafts Room 624 Poirier Street, Coquitlam	FREE	538307

Advance registration is requested

Register to reserve your space by using one of the following methods and quoting course number:

1. coquitlam.ca/signmeup
2. In person at any Parks, Recreation and Culture facility
3. Staff assisted phone-in registration 604-927-4386. This service is available Monday through Friday 8:30 a.m. - 7:00 p.m.

For more information on future session dates or to request a course for your community group, please contact the HEROS Program Office at 604-927-6434 or visit coquitlam.ca/preparedness